



Spark2Life Prevention Programmes

Spark  Life



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About Us

Spark2Life is an award winning, black-led charity inspired by the communities we serve. We are determined to make sure that all children and young people have a safe and nurturing life.

We work in schools and the community to prevent criminal activity, tackle exclusion, reduce racial disproportionality and increase emotional resilience of vulnerable children and young people (11+yrs).

By providing support at this stage, we prevent offending and exploitation, and provide children and young people with the life tools and coping skills needed to thrive.

Our Services

- ✓ Targeted and Universal student support
- ✓ Support for parents
- ✓ School staff training

Why Choose Us?



18 Years Experience

Since 2006 we have supported over **36,822 young people** and worked with over **50 schools**, across London, Kent and Buckinghamshire.



Impact

Outcomes achieved by young people we support:

- **90%** desistance from reoffending
- **75%** improved wellbeing
- **65%** engaged with education/employment
- **70%** improved relationships



Quality Assured

- We use **evidence based** practice.
- All our staff complete our **AQA Accredited** Wholistic Mentoring course and receive **clinical supervision**.
- Our staff are trained in **trauma-informed** practices

Testimonial

"The Spark2Life workers have been phenomenal, passionate, engaging and very genuine - clearly having the interests of our young people at the centre of what they do." - **Emily Sayer, Head of Personal Development, Holy Family Catholic School**

"Spark2Life was amazing from start to finish. The workshops and assembly were all interactive, inclusive and Spark2Life totally captivated their audience of two-hundred 14 year old students hanging on their every word! Would highly, highly, recommend!"

- **Ashley Amrina Mahmood, Royal Harbour Academy**

Our programmes

One-to-one mentoring

- **High/Medium risk:** Our individual mentoring programme is designed to support students at medium or high risk of violence, crime, exploitation and school exclusion. Our trained mentors work with the referred student for one academic year to help achieve long-term outcomes. This service can be delivered at minimum of one academic term.

This programme is designed for students who present with one or more of the following:

- at risk of school exclusion
 - involved in violence/crime
 - affected by crime
 - at risk of becoming exploited
- **Low risk:** Spark2Life mentors supports students to increase their confidence, improve their behaviour and attendance. This type of mentoring can be completed within an academic term.

Fees: £310 per day or £12,000 per year (based on 1 day of service per week)



Group mentoring

Group sessions are delivered to targeted students or on a whole-class basis. These can be a series of sessions to the same participants or as a one-off for each group. Each session can last between 1 and 1.5 hours.

Topics covered:

- consequences of gang involvement
- how to manage conflicting situations
- aspirational sessions around living for purpose

Fees: £705 per day of group mentoring or £27,000 per year based on 1 day of group sessions



Outcomes

Last year (2023-24) we mentored 262 students in schools. They achieved the following outcomes:

- **90% did not offend/re-offend**
- **75% improved their wellbeing**
- **65% engaged with education , training or employment**
- **70% improved relationships with parents, peers and others**



Assemblies

Awareness raising sessions covering the topics of:

- Knife crime
- Exploitation
- County Lines
- Consequences
- Stop & Search / Know Your Rights
- Drugs
- Community Safety
- Respect

Fees: £227 per session and £110 for additional sessions

One-to-one counselling

Our counselling service is offered to young people who are in need of emotional support and they experience any of the following:

- at risk of/ involved in violence/crime/exploitation/school exclusion
- challenging behaviour
- attendance

Our counselling is delivered by a trainee counsellor who receives regular clinical supervision and uses evidence based approaches.

Fees: £5,000 per year for 1 day of counselling (Up to 4 students per day. Each student is offered minimum 12 sessions of counselling with possibility to extend.)



Parent Support

- Parent Workshops covering topics relevant to violence; crime; exploitation; trauma
- Parent Counselling (separate service from student counselling)

School Staff Training

Spark2Life trains school staff on the following topics:

- AQA Accredited Wholistic Mentoring
- Trauma Training

Please enquire for more information



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Spark **2** Life

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www.spark2life.co.uk